

## **Prostate Cancer (PC) Metastasized to the Lungs**

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A read of the URL at the end of this paper provides a reasonably comprehensive understanding of what one faces and what will have to be decided along with as much discussion as one may want with several physicians with expertise in treating prostate cancer that has metastasized to the lung. At least initially, androgen deprivation therapy (ADT3 highly recommended) should be prescribed that, if successful, should rein in continued development of PC wherever it is located in the system. If successful, this gives time to get second, third, fourth opinions as to what else might be considered. Talk to physicians with supposed expertise in treating lesions in the lung. Take notes, determine which physician appears to have the most expertise and reasonable recommendations. Ask how many such surgeries have been performed. Ask about success rates. Ask how many were unsuccessful and why. Ask about complications that can come from the attempt of surgical removal of lesions from the lung. Do the same with Radiation Oncologists who have had experience in treating lung cancers. Discuss with Medical Oncologists treatment with androgen deprivation therapy and whether inclusion of chemotherapy agents would be appropriate. In the meantime, diet and supplements should be also be considered. A Mediterranean style diet is most often recommended (see <http://tinyurl.com/6obsym>). Here is the URL that explains “How is lung cancer treated” Once accessed, you can scroll down to that topic line, then can click to subsequent pages:

[http://www.medicinenet.com/lung\\_cancer/page6.htm](http://www.medicinenet.com/lung_cancer/page6.htm)